

McCleary Martial Arts Center (770) 439-4029

Class Schedule by Day of the Week

Monday & Thursday

5:00 pm to 5:45 pm—Junior Judo (All Ranks)
5:45 pm to 6:15 pm—Junior Judo Competition Team
6:15 pm to 7:45 pm—Adult Brazilian Jujitsu
7:45 pm to 8:45 pm—Adult Judo (All Ranks)
8:45 pm to 9:30 pm—Adult Judo (Orange to Black)

Tuesday & Friday

5:30 to 6:20 pm—Junior Karate Advanced
6:30 to 7:20 pm—Junior Karate Beginners
7:30 to 8:20 pm—Adult Karate Beg. & Int.
8:30 to 9:20 pm—Adult Karate Int. & Adv.

Wednesday

5:15 pm to 6:15 pm—Demonstration Team
6:15 pm to 7:15 pm—Adult Karate Int. & Adv.
7:15 pm to 8:15 pm—Karate Black Belts Only
8:15 pm to 9:00 pm—Fitness Boxing
9:00 pm to 9:30 pm—Sparring Class (Boxing)

Saturday

9:00 am to 10:00 am—Adult Judo (All Ranks)
10:00 am to 10:45 am—Lil' Dragons
11:00 am to 12:00 pm—Junior Brazilian Jujitsu
12:00 pm to 1:30 pm—Adult Brazilian Jujitsu
1:30 pm to 2:15 pm—Junior Boxing
2:15 pm to 3:00 pm—Fitness Boxing

Private Lessons

Private and Semi-private lessons are available for \$40 per half hour or \$60 per hour. Each half hour of a private lesson counts as one full regular class hour. The student must discuss what they prefer to work on with the instructor in advance. These classes are especially helpful when preparing for rank examination. Contact Mrs. McCleary/Mr. Williams if you would like to schedule a private lesson.

Note: Some private lessons require a partner which must be arranged by the student taking the lesson.

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Class Schedule by Course

Judo Class Schedule

Monday & Thursday

5:00 pm to 5:45 pm—Junior Judo (All Ranks)
5:45 pm to 6:15 pm—Junior Judo Competition Team
7:45 pm to 8:45 pm—Adult Judo (All Ranks)
8:45 pm to 9:30 pm—Adult Judo (Orange & up)

Saturday

9:00 to 10:00 am—Adult Judo (All Ranks)

Karate Class Schedule

Tuesday & Friday

5:30 to 6:20 pm—Junior Karate Advanced
6:30 to 7:20 pm—Junior Karate Beginners
7:30 to 8:20 pm—Adult Karate Beg. & Int.
8:30 to 9:20 pm—Adult Int. & Adv.

Wednesday

6:15 pm to 7:15 pm—Adult Karate Int. & Adv.
7:15 pm to 8:15 pm—Karate Black Belts Only

Brazilian Jujitsu

Monday & Thursday

6:15 pm to 7:45 pm—Adult BJJ

Saturday

11:00 am to 12:00 pm—Junior BJJ
12:00 to 1:30 pm—Adult BJJ

Boxing

Wednesday

8:15 pm to 9:00 pm—Fitness Boxing
9:00 pm to 9:30 pm—Sparring

Saturday

1:30 pm to 2:15 pm—Junior Boxing
2:15 pm to 3:00 pm—Fitness Boxing

Lil' Dragons (4-6yrs)

Saturday

10:00 am to 10:45 am—Lil' Dragons